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SPRING 2018

Program Guide



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GENERAL INFO

MISSION STATEMENT

The Wisconsin Dells and Village of Lake Delton Parks and Recreation Department strives to provide area residents with a diverse selection of leisure service programs for all. Our mission is to enhance the quality of life for everyone in the community through the development and maintenance of new and existing park land in addition to providing a variety of quality recreational programs.

ONLINE REGISTRATION



You can now register for most of our programs online! Simply create an account for your family, and you can register and pay with a credit card for programs or shelter reservations throughout the year. www.citywd.org

NO LATE FEES PLEASE!

As a courtesy to instructors/coaches and other participants, all late fees will be enforced. If you sign up after the designated "register by" date then you will be required to also pay the late fee that is associated with the program. Thank you for your understanding.

SAY CHEESE!

Our department periodically takes pictures of participants in our programs, special events, and in the city and village parks. Please be aware that these photos are for department use and may be used in the city's brochures, pamphlets, flyers, website or Facebook. You must give us written notice if you or your family members do not want to be photographed or published.

CONTACT US

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Recreation Supervisor
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COMMUNITY EVENTS

GLOW-IN-THE-DARK EASTER EGG HUNT FUNDRAISER!

Please join the Dells/Delton Parks and Recreation Department for our 6th Annual Glow in the Dark Easter Egg Hunt. There will be 10,000 eggs!! NEW this year...some eggs will contain PRIZE TICKETS which can be turned in and claimed at the registration area once the hunt is over. This family friendly event will take place at JustAgame Fieldhouse. The egg hunt will begin at 6:30 p.m. sharp! Doors will open at 6:00 p.m. Pictures with the Easter Bunny will be available from 6:00-6:25 p.m. There will be three separate designated areas for the age groups; 0-3, 4-6, and 7-10. After the hunt, please return all plastic eggs to the return bins located in the registration area!

***Pre-registration online is highly encouraged and will be open through 12PM on March 28, 2018. However, you can also check in at one of the registration tables at the event and pay your \$5 donation per child in order to participate in the hunt. (CASH ONLY)**

AGES: 10 and Under as of March 28, 2018.

DATE: Wednesday March 28

TIME: Doors open at 6:00 p.m.; hunt is at 6:30 p.m. SHARP

LOCATION: JustAgame FieldHouse

FEE/DONATION: \$5/child (donation goes toward Parks and Rec Programs)

• PLATINUM SPONSORED BY WILDERNESS RESORT

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COMMUNITY SUPPER

The Dells-Delton Community Supper is a FREE dining experience for ALL members of the community and is held from 4:30-6:30 p.m. at Spring Hill School Cafeteria on the last Tuesday of every month. The dates for Spring 2018 are as follows: January 30, February 27, March 27, April 24, and May 29.

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KIDZ KLUB/ SPRING BREAK CAMPS



These programs are designed to provide educational, social, and recreational opportunities to the children of Wisconsin Dells and Lake Delton. They are provided by the City of Wisconsin Dells and the Village of Lake Delton with the support of the Wisconsin Dells School District.

AFTER SCHOOL PROGRAM

The Children will participate in activities that are designed to meet the needs of the families participating in the after school program. We will provide a variety of activities, including homework time, free play, arts and crafts, group games, and more. A snack will be provided each day as well. We will take advantage of the opportunity to develop socialization skills, cognitive growth, character, independence, and a positive self-image. Kids who attend Neenah Creek will be bussed to Spring Hill School.

Register by: Register at any time throughout the school year

- GRADES:** 4K – 5
- DATES:** Entire School Year
- TIME:** End of School – 6:00 p.m.
- LOCATION:** Spring Hill and Lake Delton Elementary Schools
- FEE:** \$6/day for one child and \$4/day for each sibling

***You can sign up for this program at any point during the year.*

YOUTH SPRING BREAK CAMP

We are offering a Spring Break Camp on Tuesday, March 27- Friday, March 30. You can sign up for one or all four days. Drop off is any time after 8:00 a.m. and pick-up is any time before 4:00 p.m. Snacks and field trip are included in the fee. Please pack your child(ren) a lunch for all days they attend.

Note — You do not have to be part of Kidz Klub to attend this camp!

Note — Parent pick-up on March 28 is at Spring Brook Resort (pool area) by 4:00 p.m. The kids will be able to have open swim time and then a pizza party!

Register by: March 20

- GRADES:** 5K – 5
- DATES:** March 27–March 30 (Tuesday–Friday)
- TIME:** 8:00 a.m – 4:00 p.m.
- LOCATION:** Lake Delton Elementary School
- FEE:** \$25 per child per day

YOUTH BASEBALL & SOFTBALL

10U/12U/14U FASTPITCH SOFTBALL

10U and 12U participants will play in a summer league with Baraboo, Reedsburg, and Portage. They will focus on fundamentals and game-like experiences with children's safety our top priority. The 14U team(s) will play in the South Central Softball League (www.scsoftball.org) and learn physical and mental fundamentals of the game as well as sportsmanship. Age structure is determined by age as of 12/31/2017. 10U is age 10 and under, etc.

Register by: April 2 (**\$20 LATE FEE WILL BE ENFORCED**)

- 10U SEASON**
- AGES:** 9 & 10 (Current grades 3 – 4)
- DATES:** Tuesdays & Thursdays; Mid April – July
- TIME:** Games 5:30/6:00 p.m.
- LOCATION:** Captain Bob's
- FEE:** \$50 Dells/Delton, \$60 NR

- 12U SEASON**
- AGES:** 11 & 12 (Current grades 5 – 6)
- DATES:** Tuesdays & Thursdays; Mid April – July
- TIME:** 5:30/6:00 p.m.
- LOCATION:** Veteran's Park/Kaminski Park
- FEE:** \$50 Dells/Delton, \$60 NR

- 14U SEASON**
- AGES:** 13 & 14 (As of 12/31/17)
- DATES:** May – July (after middle school softball ends)
- TIME:** Games are in the evening.
- Times vary due to communities hosting double headers
- LOCATION:** Veteran's Park/Kaminski Park
- FEE:** \$50 Dells/Delton, \$60 NR

MLB PITCH, HIT & RUN COMPETITION

Pitch Hit & Run™ is the official skills competition of Major League Baseball®. This grassroots program is designed to provide youngsters with an opportunity to compete, free of charge, in a competition that recognizes individual excellence in core baseball/softball skills.

Boys and girls are divided into four age divisions: 7/8, 9/10, 11/12, and 13/14, and have the chance to advance through four levels of competition, including Team Championships at Major League ballparks and the National Finals during the 2018 MLB™ All-Star Week®.

The individual Pitching, Hitting and Running Champions, along with the All-Around Champion in each division age group at the Local Competition will be awarded and advance to the Sectional Level of Competition.

All participants must bring a copy of their birth certificate and have their parent or guardian fill out a registration/waiver form prior to the start of the competition.

REGISTER ONLINE AT WWW.PITCHHITRUN.COM under Find a Competition.

For questions concerning the competition, please contact your Local Coordinator Abby Schultz at reccoordinator@dellsparkandrec.com or call 254-4818.

- AGES:** 7/8, 9/10, 11/12, 13/14 (Age is determined as of July 17, 2018)
- DATE:** April 28, 2018 (Weather make-up date 5/5/18)
- TIME:** BOYS –9:30–11:00 a.m. GIRLS – 11:00 a.m.– 12:00 p.m.
- LOCATION:** Kaminski Park
- FEE:** FREE



SUMMER DAY CAMP REGISTRATION OPENS IN MARCH! CONTACT US FOR MORE INFO!

ENGINEERING FOR KIDS – JUNIORS: AEROSPACE CHALLENGE 1, 2, 3 LIFT OFF (ROCKETS)

Our youngest engineers will be introduced to fundamental concepts of aircraft and spacecraft design. Through open and focused exploration, students explore and construct airplanes, rockets, helicopters, and more.

- Register by:** March 12 (NO REFUNDS after this day and NO LATE REGISTRATIONS)
- AGES:** 4 – 6
- DATES:** Monday, March 26
- TIME:** 9:30 a.m. – 12:00 p.m.
- LOCATION:** Kilbourn Public Library Programming Room
- FEE:** \$35 Resident, \$45 NR

***This program requires a minimum of 8 and maximum of 14 participants.*



ENGINEERING FOR KIDS – STEM MARVELS: INTO SPACE ROCKETS & LUNAR LANDERS

Design, create, test, and refine flying machines! We'll use the Engineering Design Process to construct a shock-absorbing system to protect astronauts and a lunar vehicle, create air-powered rockets, and much more!

- Register by:** March 12 (NO REFUNDS after this day and NO LATE REGISTRATIONS)
- AGES:** 7 – 12
- DATES:** Monday, March 26
- TIME:** 1:00 – 3:30 p.m.
- LOCATION:** Kilbourn Public Library Programming Room
- FEE:** \$40 Resident, \$50 NR

***This program requires a minimum of 10 and maximum of 20 participants.*



COED LIL' SLUGGERS COACH PITCH

An in-house coach pitch league that offers the first game-like experience. Games and practices are held in Lake Delton at Captain Bob's Park. **Parent coaches are needed.**

- Register by:** May 7 (**\$20 LATE FEE WILL BE ENFORCED**)
- AGES:** 7 & 8 (Grades 1 – 2 during 2017–2018 school year)
- DATES:** May 21 – July 12
- Practice times may vary. Coaches will contact one week prior.
- TIME:** Mondays & Wednesdays, 6:15 p.m.
- LOCATION:** Captain Bob's Park
- FEE:** \$35 Dells/Delton, \$45 NR

BABE RUTH BASEBALL

In June and July this program will be part of the Dane County Babe Ruth League. The League includes surrounding communities such as Reedsburg, Portage, Pardeeville, Sauk, and Poynette. Game nights will be Mondays and Thursdays providing we have only one 13 – 14-year-old-team.

- Register by:** March 5 (**\$40 LATE FEE WILL BE ENFORCED**)
- AGES:** 13 & 14 (Current grades 7 – 8)
- DATES:** Mid May – July; 14U Mondays / Thursdays games
- TIME:** 5:00 or 6:00 p.m.
- LOCATION:** Veteran's Park and WD High School
- FEE:** \$80 Dells/Delton, \$90 NR

LITTLE LEAGUE

Wisconsin Dells Little League will play in a cooperative league with Baraboo. This program is great for all kids interested in learning and competing in the game of baseball. There will be practices and games twice a week. Practice times will vary.

Parent coaches are needed.

- Register by:** March 12 (**\$40 LATE FEE WILL BE ENFORCED**)
- Locations:** Rotary Park–Wisconsin Dells, Broadway Park (Statz-Zantow), and Pierce Park–Baraboo

- | | |
|--|---|
| Minor League | Major League |
| AGES: 9 & 10 (Current grades 3 – 4) | AGES: 11 & 12 (Current grades 5 – 6) |
| DATES: April – July (Tue and Thu) | DATES: April – July (Mon, Wed/Thu) |
| TIME: Game time – 6:00 p.m. | TIME: Game time – 6:00 p.m. |
| FEE: \$80 Dells/Delton, \$90 NR | FEE: \$80 Dells/Delton, \$90 NR |

TRAVEL SEASON

The travel team practices will be coordinated by Coach Michalsky, the Varsity Baseball Coach. Each age group will practice twice per week. Practices are intended to teach core fundamentals and prepare athletes for success in their travel season. Exact times will be determined after the travel teams have been determined. Travel teams selected at each age level 9u, 10u, 11u, and 12u providing that participation numbers are sufficient. These teams will then participate in tournaments (three) through July.

- DATE:** TBD
- TIME:** TBD
- FEE:** \$75



YOUTH SPORTS

PEEWEE SOCCER CAMP

This is a beginner camp that will introduce kids to the fundamentals of soccer. Kids will develop the fundamental skills of soccer, participate in fun activities, and play games. **Volunteers are required for this program to operate.**

Register by: March 30 (**\$10 LATE FEE WILL BE ENFORCED**)
AGE: Kids must be enrolled in 4K or 5K for the 2017-18 school year
DATES: Tuesdays, April 3 – May 1
TIME: 4:45 p.m.
LOCATION: Kilbourn Library Park
FEE: \$30 Dells/Delton, \$40 NR



INTRO TO YOUTH VOLLEYBALL

Welcome to Intro to Volleyball! This program is geared toward those who are beginners to the sport and want to learn all of the basic skills that go along with playing volleyball. We will also accommodate those who are in the intermediate level and want to learn new skills/positions.

Register by: March 29 (*Limited Spots Available*)
GRADES: 4 – 6
Location: JustAgame Fieldhouse
Dates: Thursdays; April 5- May 10
Time: 4:15–5:15 p.m.
Fee: \$45 Dells/Delton, \$55 NR



LIL' HOOPER'S SPRING BASKETBALL CAMP

This program is designed to improve your son or daughter's individual basketball skills. Each practice will focus on fundamentals and fun drills!

SPRING SESSION 1

Register by: February 28
LOCATION: JustAgame Fieldhouse **FEE:** \$40 Dells/Delton, \$50 NR

BOYS	GIRLS
GRADES: Grades 3 – 4	GRADES: Grades 1 – 2
DATES: Mon, March 5 – April 9	DATES: Mon, March 5 – April 9
TIME: 5:05 – 6:00 p.m.	TIME: 4:05 – 5:00 p.m.
GRADES: Grades 1 – 2	GRADES: Grades 3 – 4
DATES: Tues, March 6 – April 10	DATES: Tues, March 6 – April 10
TIME: 4:05 – 5:00 p.m.	TIME: 5:05 – 6:00 p.m.

SPRING SESSION 2

Register by: April 11
LOCATION: Bowman Park **FEE:** \$40 Dells/Delton, \$50 NR

BOYS	GIRLS
GRADES: Grades 3 – 4	GRADES: Grades 3 – 4
DATES: Mon, April 16 – May 21	DATES: Mon, April 16 – May 21
TIME: 4:15 – 5:10 p.m.	TIME: 5:15 – 6:10 p.m.
GRADES: Grades 1 – 2	GRADES: Grades 1 – 2
DATES: Tue, April 17 – May 22	DATES: Tues, April 17 – May 22
TIME: 5:15 – 6:10 p.m.	TIME: 4:15 – 5:10 p.m.

**** We are only accepting a certain number of children. Please register early!**



PARENT/TODDLER MULTI-SPORT CLASS

The Dells/Delton Parks and Recreation Department offers a NEW, toddler multi-sport program to teach children the concepts of teamwork and build a foundation for athletic development with the involvement of their parents. Each week will focus on a different sport. Sports may include basketball, soccer, t-ball, golf, tumbling, yoga, and many more.

new

Register by: March 29 **LOCATION:** Lake Delton Elementary School
AGES: 2 – 4 **TIME:** 5:30–6:00 p.m.
DATES: Mondays; April 2 – April 30
FEE: \$30 Dells/Delton, \$40 NR ****\$10 sibling discount for family (Must register in person or over the phone for sibling discount)**



MARTIAL ARTS & KICKBOXING

This program is in partnership with Next Level Martial Arts Academy out of Portage. Next Level Martial Arts Academy is offering an introductory and advanced course in martial arts. Sessions for four age groups are being offered. Participants will not be required but are recommended to purchase a uniform for \$34.99 from Next Level. Please call the Park & Rec office if you have questions or visit our website at www.citywd.org.

LOCATION: Wisconsin Dells Rec Center (722 Michigan Ave)
FEE: Ages 4 – 7 \$45 Dells/Delton, \$55 NR
 Ages 8 – 13 and Adult \$60 Dells/Delton, \$70 NR

SPRING SESSION

Register by: April 5

DATES: April 9 – May 18

TIMES: Ages 4 – 5	SESSION 1: Fri, 5:15 – 5:45 p.m.
Ages 6 – 7	SESSION 2: Mon, 5:15 – 5:45 p.m.
Ages 8 – 13	SESSION 3: Mon & Fri, 5:45 – 6:30 p.m.
** Blue belts and higher will have extra time from 6:30 – 7:00 p.m. on both nights	
Adult Kickboxing	SESSION 4: Mon & Fri, 7:00 – 7:45 pm
Adult Jiu Jitsu	SESSION 5: Mon & Fri, 7:45 – 8:30 p.m.

ARCHERY



This is a six-day session designed to introduce and teach participants about the fundamentals of archery. Participants will learn the basic rules, safety measures, equipment, and techniques in order to gain or improve archery skills. This program is in partnership with Upham Woods Outdoor Learning Center as they will be leading the activities at their site.

Register by: March 29 **AGES:** Grade 4 – Adult
DATES: April 3, 4, 5, 10, 11, and 12 **TIME:** 4:30 – 5:30 p.m.
LOCATION: Upham Woods **FEE:** \$30 Dells/Delton, \$40 NR

ADULT FITNESS AND SPORTS

SHAPE IT/YOGA COMBO CLASS

SHAPE IT: Combines workout with weights, circuit, and dance fitness (aerobics, free weights, boot camp, kick box fitness, stretches), and gives you the edge by improving agility, endurance, and cardiovascular work. **Attire:** shorts, sweat pants, T-shirt, clean tennis shoes.

YOGA: the world means "Join," a mental and physical combination to improve body strengthen and flexibility, help prevent injuries, release stress and energize. **Attire:** comfortable clothing and bare feet.

****Drop-ins must register in advance by calling or texting Andrea (432-2486).**

SPRING SESSION

Register by: April 2
AGES: 18+
DATES: Wednesdays, April 4 – May 9
TIMES: 6:15 – 7:15 p.m.
LOCATION: Dells Dance & Yoga Center (410 1/2 Broadway, Suite 7, Upper Level of The Chalet Building)
CLASS: 30 min Shape it + 30 min Yoga
FEE: \$55 session/\$10drop-ins



ADULT SOFTBALL LEAGUES

Adult Softball Leagues will begin mid-May or early June and will be played at Kaminski Park in Lake Delton. Leagues follow ASA sanctioned rules unless specified in our local rules. Call 254-7458 for more details. League nights will consist of first 8 teams to register!

Registration Dates: April 1 – May 7

AGES: Adult 18 + (Out of high school)
Mon (Coed), Wed (Gentlemen's League), Thur (Coed)
DATES: May 21 – August 16
(Depending on number of teams in each league)
TIME: Game times are 7:00 / 8:00 / 9:00 p.m.
LOCATION: Kaminski Park — Lake Delton
FEE: \$475 per team

*** Bats must be ASA approved. Bats must be brought to the Parks and Rec Office for inspection and will receive a department sticker for each bat.**



LEAGUE SPOTS ARE LIMITED!

OUTDOOR ACTIVITIES

COMMUNITY LEADERS IN PADDLE SPORT EDUCATION

Participate in a new opportunity to partner with Upham Woods. Interested residents will gain leadership skills in education around canoeing and kayaking in Wisconsin Dells. Participate in paddle education programs at Upham Woods such as teaching paddle skill building with youth paddlers, leading stewardship outings, and contributing to citizen science programs in partnership with Upham Woods. Paddle with Upham Woods all season long. An orientation at Upham Woods is required to participate in the program. Note: Future orientation session may be scheduled based on need and availability of Upham Staff to lead the orientation.

**All programs/orientations are dependent on weather and river level conditions and are subject to change.*

SESSION 1

REGISTER BY: April 12

AGES: All ages, minors must be accompanied by an adult

INITIAL ORIENTATION DATES: April 16 & 17

TIME: 5:00 – 7:00 p.m.

LOCATION: Upham Woods

FEE: \$20 per person

SESSION 2

REGISTER BY: April 19

AGES: All ages, minors must be accompanied by an adult

INITIAL ORIENTATION DATES: April 23 & 24

TIME: 5:00 – 7:00 p.m.

LOCATION: Upham Woods

FEE: \$20 per person



EARTH DAY AT UPHAM WOODS

Join Upham Woods in a river shoreline restoration project in service to the beautiful environment of the Dells. Following the service project, participants can enjoy an Upham Naturalist guided hike on Blackhawk Island.

AGE: Family program

DATE: Saturday, April 21

TIME: 10:00 a.m. – 2:00 p.m.

LOCATION: Upham Woods Outdoor Learning Center

FEE: FREE

Free

CANOE CLUB

Enjoy a paddle on the Wisconsin River with Upham Woods Outdoor Learning Center. We will be canoeing from 5:00 – 6:30 p.m. for anyone who would like to join. No canoeing experience necessary as you will be educated on proper paddling techniques in order to navigate the river. We will host three separate dates. All ages welcome. Upham Woods provides all the equipment.

AGES: Family program, youth must be 6 years or older

DATES: May 7, 14, and 21

TIME: 5:00 – 6:30 p.m.

LOCATION: Upham Woods Outdoor Learning Center

MIN/MAX: 5/20

FEE: \$5 per person per day

ACTIVE AGING!

Growing the "Senior Connection"

Please register for the following events by contacting Abby at 254-4818 or Thad at 254-7458.

2018 POTLUCKS, FIELD TRIPS & EVENTS

March 9, 2018: St Patty's Day Potluck and Dance (Noon – 2:30 p.m.)

March 16, 2018: Lunch & Bowling at Chalet Lanes (11 a.m. – 1:30 p.m.)

April Field Trip: TBD

May: LaCrosse Queen Riverboat Cruise, Date TBD

Library Day at Frank Fischer Center: Every Monday join us for crafts, movies, book club, special guests, games & puzzles at the Frank Fischer Senior Center in Lake Delton. 12:30 – 2:30 p.m, Free!

Book Club: The Kilbourn Public Library Book Club meets every month on the last Monday at 6:30 p.m. and the last Wednesday at 1:30 p.m. to discuss the book of the month. Stop in the library or on the bookmobile to pick up the book. No pre-registration needed. This program is FREE!

Euchre: Play Euchre at Kilbourn Library every Tuesday beginning at 1:00 p.m. New to Euchre? We will help you learn. No pre-registration needed. Free! Everyone is welcome.

SENIOR BREAKFAST

Our House Senior Living Wisconsin Dells in partnership with *Agrace Hospice* invites you to our Senior Breakfast which is held on the last Friday of every month from 9:00–11:00 a.m. at the Kilbourn Public Library Community Center. Please bring your appetite as we will be serving pancakes, sausage, fruit juice, and coffee!

SENIOR LUNCH

Senior lunches are served Monday through Friday from 12:00–12:30 pm at the Frank Fischer Senior Center in Lake Delton. For reservations or cancellations, call Marina Voronecky at (608) 393-7214 by 12 p.m., one weekday in advance. Messages can be left at any time, but meal reservations must be made 24 hours ahead.

STRONG BODIES, STRONG BONES

Community-based program for bone density and strength building aimed at mid-life and older adults. Uses light weights & ankle weights and includes balance exercises and plenty of modifications. Nationally acclaimed, evidence-based format developed by Tufts University. Instructor: Erika Gerhardt-Obois. **** For Class: Participants are to bring a set a hand weights and an ankle weight.**

SPRING SESSION

Register by: March 12

DATES: Tue & Thu, March 27- May 31

TIME: 1:00 – 2:00 p.m.

LOCATION: Kilbourn Library Community Center

FEE: \$35 (\$30 if you've taken a past session)

LINE DANCING CLASSES

Come learn how to do basic line dancing to lots of great music. This class will be fun and social and it's great exercise for your body and mind. Learn the techniques and steps that you need to progress to the next level.

Instructor: Abby Schultz

Register by: Mon, April 3

AGES: Adults

DATE: Thu, April 5 – May 3

TIME: 10:00 – 11:00 a.m.

LOCATION: Kilbourn Public Library Community Center

FEE: \$10